

I am Truman

Did you ever see a movie called "The Truman Show" with Jim Carey? Sometimes I think I'm living a life just like Truman's.



The DANA SHOW! Starring: Dana Hamman!

I just know I am entertaining the cosmos, aliens from another planet or maybe God pops popcorn and curls up on his cloud for a good laugh when things are heating up in my life. Whoever it is, I am certain that my life is a HIT comedy and someone somewhere is being entertained by the story line that never seems to be lacking hilarity!

When my kids were young I used to joke that I was trapped in the Cosby Show or some universal Candid Camera. Just when I'd be ready to cry, I'd call one of my girlfriends and tell her the story and soon, we'd be laughing! I believe that laughing at life is one of the things that preserved my sanity after single parenting for some 15 years. In fact, for many years of my life, laughter was a means of survival.....it taught me a wonderful principle for my life. One I've clung to and hope to carry with me to my last breath!

My principle for life is.....*It's supposed to be FUN and when what your doing ain't fun anymore.....STOP IT!* Simple huh? The Dana Hamman life principle is to have fun! Sound too easy? Well here's how I see it.

Life is a journey for sure. Every day is a test of who we are. Some days I fail big, some days I succeed big! Some days I cry and most days I laugh but one thing I've learned is there are no absolutes. Many of you have heard me say that the only absolute is that there are no absolutes, well it's true and it keeps life in perspective if you remember that! Just because things aren't going well doesn't mean it'll always be that way.

So you probably sitting there reading this and thinking "come on Dana, you haven't really explained this theory you live by.....life isn't making me smile and I don't feel like laughing right now!" We'll if you're saying that, I understand because life isn't easy for any of us all the time. As a single mom I can assure you there were awful and exhausting days but I learned that when things blew up, I could either sell my children on the black market or put my lipgloss on and strike a pose for the camera that I knew was watching me somewhere!!

Life is all as it should be even when it hurts. *What if* you could change your thinking to accept that every day is exactly what it is supposed to be? Every day is a lesson, a test and all of it creates the person in us that we were intended to be. Remember that God doesn't make mistakes. All of the things that happen in your life are designed to create in you, the very attributes that GOD himself wants you to possess.

Take a breath, smile and pose!